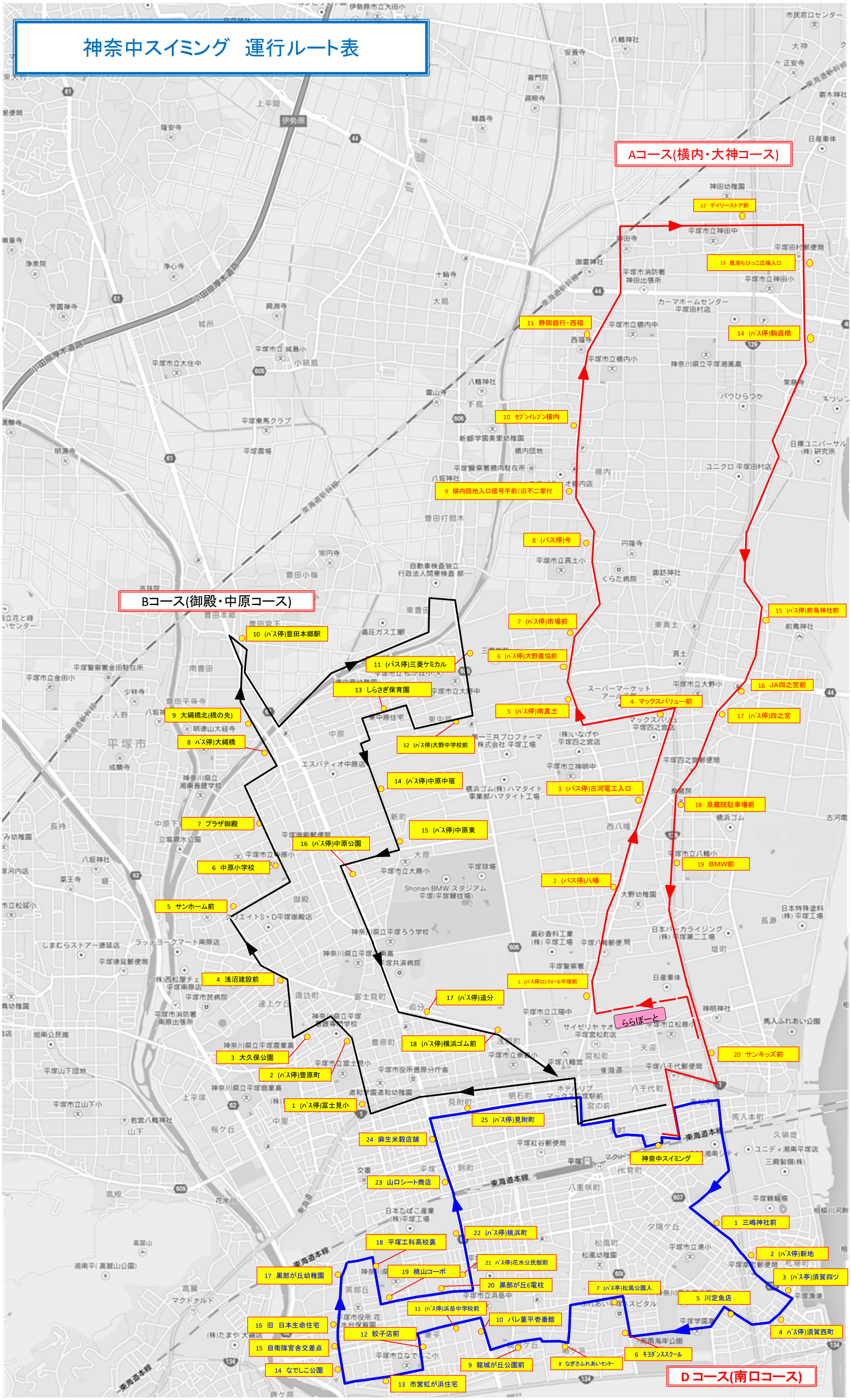神奈中スイミング　運行ルート表